



Kinglake Ranges
Neighbourhood House
Semester 2, 2019

HOW TO ENROL

TERMS AND CONDITIONS

PAYMENTS

- Fees must be paid in full at the time of enrolment; this will guarantee your place in the course.
- Payments can be made by Direct Deposit, cash or EFTPOS at the House or via our online booking system at our website:

www.kinglakeranges.com.au/

- All enrolments are considered an expression of interest until evidence of payment has been made e.g. email payment receipt to admin@kinglakeranges.com.au

Min/max numbers apply to all courses for them to proceed. Bookings are taken until classes are filled.

Payment Plans are available if required. Please speak to Denise at reception to arrange.

BSB: **633-000**

ACCOUNT: **138-031-471**

REFERENCE: **Your Surname/Course Name**

REFUNDS

Refunds will be given if:

- The Course is cancelled by KRNH
- You cancel your enrolment in writing at least 4 days prior to course commencement.
- Late cancellations (2 working days or less prior to course start date) will not be eligible for any refund.
- A 10% administration fee will be deducted from refunds (except where the course is cancelled by KRNH).

VENUES

All courses are delivered from the Kinglake Ranges Neighbourhood House unless otherwise stated. Please check the course listing for venues.

ENROLMENT FORMS

Enrolment Forms are available from the House, can be emailed to you, or are available on our website:

<https://kinglakeranges.com.au/>

Once completed, forms can be emailed to:

admin@kinglakeranges.com.au

Or posted to: **PO Box 135, Kinglake 3763**

Or faxed to: **03 5786 1994**

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KRNL CLOSURES IN TERM 3 & 4

Term 3: Monday 1 July - Friday 5 July

Term 4: Monday 30 Sept - Friday 4 October

Public Holidays

Grand Final Eve: Friday 27 September

Melbourne Cup: Tuesday 5 November

Christmas Day: Wednesday 25 December

Boxing Day: Thursday 26 December

New Years Day: Wednesday 1 January

The House will close at 4pm on Thursday 19 December for 3 weeks over the Xmas period, we will re-open Monday 13 January.

ENROLMENT NIGHT

Drop in and visit Laura at CappaRossi's to enrol in our Semester 2 classes & courses, or just to have a coffee and a chat!

Date: Tuesday 16 July

Time: 6pm - 7pm

Where: CappaRossi's





Winter Warmers

MONDAYS
22 JULY
TO
23 SEPTEMBER
12PM—2PM

Join us every Monday for a
delicious homemade
two-course lunch for just a
small donation!

Winter Warmers is supported by
BENDIGO BANK and we are grateful for
their ongoing support.

Kinglake branch



Learn Local & Life-long Learning

PERMACULTURE DESIGN COURSE

This eighty-hour Permaculture Design course is internationally-recognized and results in a **Permaculture Design Certificate**. It provides an introduction to permaculture design and implementation and teaches a range of practical skills that can be applied in daily life for immediate benefits. In this 80 hour class, participants will learn the necessary skills to design a productive property of any size.

Subjects covered include:

- Zones • Sectors • Soils • Water • Passive Solar • Disaster Resilience

Date: Tuesdays 3 September - 3 December

Time: 9.00am—4.30pm

Cost: \$495.00 (Industry equivalent is \$2000)

Info: <https://naturalsystemsparmaculture.org/permaculture-design-course-king-lake-2019/>

AUSLAN

This class is tutored by Jacqueline Constantin, who moved to Kinglake to start a new life.

Jacqueline has been Deaf (hearing impaired) since birth and has a wealth of experience in teaching both Adults and Primary School Students since 2001. Teaching is her passion and loves having fun seeing people learn the beautiful Auslan language.

Jacqueline holds a Graduate Diploma in Deaf Studies and a Bachelor of Education.

Date: Tuesdays 30 July - 17 September

Time: 7.00pm – 9.00pm

Cost: \$90 .00



BOAT LICENSE COURSE (12 yrs+)

Gain knowledge and awareness of navigation and safe boating skills.

You will complete an exam for your Marine License (Boat License) and PWC Endorsement (Jet Ski 16+). You will then be issued with a certificate that you present to Vic Roads to get your license.

You will need to bring an Australian Driver's License, or if none held, an Australian Birth Certificate or Passport AND a Family Medicare Card.

Dates: Saturday 21 September OR
Saturday 16 November

Time: 9.00am - 1.00pm

Cost: \$130.00



HOSPITALITY WORK READY TRAINING

Our *Hospitality Work Ready Training* is an accredited Work Skills program aimed at providing participants with the skills to be "work ready" to gain employment in the hospitality industry.

This basic training is *conducted in one full day* and covers accredited units in:

- ◆ Use food preparation equipment
- ◆ Serve food and beverage
- ◆ Responsible Service of Alcohol
- ◆ Use hygienic practices for food safety

Upon completion participants will have achieved:

- Food Handlers Level 1 & Food Safety Supervisor Level 2
- Responsible Service of Alcohol and Responsible Service of Food Certificates.
- On a pathway to undertake their Certificate III in Hospitality

To qualify for this course you can not be enrolled in school, however this is perfect for school leavers and anyone wanting to gain a qualification. Ask us for support in obtaining a USI number.

Dates: Saturday 23 November

Time: 9.00am - 5.00pm

Cost: \$75.00



SOUR DOUGH COURSE

Ever wanted to make your very own Sourdough bread? Well now you can! Join **The Fermented Mumma** for a hands-on and fun workshop. This delicious traditional bread making method will be broken down into simple easy to follow steps. You will take home a ready to bake Sourdough as well as instructions, electronic and hard copy, a jar of bubbly starter (natural yeast), a proving basket and ongoing online support from **The Fermented Mumma**. Be prepared to get your hands dirty and get ready for what is sure to be your new found passion!

Date: Saturday 14 September
Time: 12.30pm-4.00pm
Cost: \$80.00



CHEESE MAKING COURSE

Come along and learn how to make ricotta, feta & halloumi cheese. You will make enough to take some home, and also to taste test at lunch. Bring along an apron, a glass jar, and several plastic containers to take your cheese home.

Date: Saturday 19 October
Time: 10.00am-2.00pm
Cost: \$130.00



PROVIDE CPR - HLTAID 001

Resuscitation (New Learner - e-Learning)

This course teaches the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines.

Term 3: Saturday 24 August

Term 4: Saturday 9 November

Time: 9.00am - 12.00am

Cost: \$60.00



PROVIDE FIRST AID - HLTAID 003

(New Learner - e-Learning)

This unit of competency describes the skills and knowledge required to provide first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings. *Level 4 is also available. Call for more info.*

Term 3: Saturday 24 August

Term 4: Saturday 9 November

Time: 9.00am - 4.00pm

Cost: \$140.00 Full Level 2 Training



POLICE CHECKS AT THE HOUSE

If you engage volunteers, or are a volunteer and need a Police Check, call **03 5786 1301**.

Cost: \$20.00 per Volunteer Police Check

MANAGING YOUR MONEY WORKSHOP With Centrelink



- * Budgeting and Saving
- * Managing Debts
- * Planning for the future
- * Protecting your Assets

The Financial Information Service (FIS) is a free and independent government education service which aims to help you make informed decisions about your finances. At this workshop you will learn about the free tools available which could help you take control of your finances and increase your lifestyle choices.

Term 3: Monday 5 August **Time:** 2.00pm-3.30pm
Term 4: Wednesday 23 October **Time:** 6.30pm - 8.00pm
Cost: FREE



Groups @ The House

KINGLAKE HISTORICAL SOCIETY

The Kinglake Historical Society works to collect and preserve the information and memorabilia related to the history of the district. The group meet to collate and catalogue information and photos, or at other times by arrangement. KHS encourages and welcomes new members to support the preservation of our history.

Dates: First & third Wednesday of each month

Term 3: Wednesday 17 July, 7 & 21 August, 4 & 18 September

Term 4: Wednesday 16 October, 6 & 20 November, 4 December

Time: 12.30pm - 3.30pm

Venue: Kinglake Ranges Neighbourhood House

Cost: \$3.00 per session plus \$11.00 KRNH/KHS Annual Fee

Email: historical@kinglakeranges.com.au

* There is an additional option to be a KHS Associate Member for only \$12.00 annually.

COMMUNITY EXHIBITION

Living with Fire Exhibition



Date: Sundays

Time: 12.00pm - 3.00pm

Contact: 03 5786 1301 for bookings or historical@kinglakeranges.com.au

Location: Kinglake Heritage Centre
1055 Whittlesea-Kinglake Road,
Kinglake West

Other days available by appointment



KINGLAKE LANDCARE

Landcare

Kinglake Landcare works with the community for the preservation and enhancement of the local environment. The group is involved with roadside and creek rejuvenation work and can provide information and assistance for landholders. Anyone is welcome to attend our monthly meetings.

Dates: Second Monday of each month
8 July, 12 August, 9 September,
14 October, 11 November,
9 December

Time: 7.30pm

Cost: \$11.00 KRNH annual fee

Venue: Kinglake Scouts Hall (upstairs) at
Kinglake Memorial Reserve

Contact: John 0419 858 504

KINGLAKE RANGES ARTS



Welcome all artists, budding artists and art enthusiasts!

Our relaxed and friendly group gather to share and discuss all genres of art.

Watch out for our news and read about feature artists each month in the Mountain Monthly.

We encourage ideas and ways to enhance skills to develop individually and collectively through workshops, excursions and sharing.

From absolute foundations to experimenting and exploring beyond the comfort zone, we support and guide budding artists and facilitate tutoring across the ranges.

Sessions: For more information on our classes & courses, please see pages 8 & 9 of this program or follow us on Facebook!

Contact: The House 5786 1301

Email: kra@kinglakeranges.com.au

KNIT KNACKS

Learn the secrets of successful knitting and achieve results of which you will be proud.

Hands on skills and help with selecting a project is offered. Some yarns, patterns and knitting needles are available. The Knit Knack group welcomes anyone who has their own project they want to work on in the company of others (sewing machines are also available to use).

Dates: Second & fourth Tuesday of each month

Term 3: 9 & 23 July, 13 & 27 August, 10 & 24 September

Term 4: 8 & 22 October, 12 & 26 November, 10 December

Time: 10.00am - 1.00pm

Cost: \$3.00 per session plus \$11.00 KRNH Annual Fee

BUZZ OF THE BEES

Buzz of the Bees is a group of beekeepers and "wanna bees" who get together to support and discuss Bees, and Bee related topics, in a friendly casual group. If you live in the area and keep or would like to keep bees, then this is the place to meet and greet!



Sue Zuber & Vin Anderson, both local beekeepers, would like to share their knowledge and invite you along to their monthly casual discussions and sharing of ideas. Whether you are a beginner or long-time beekeeper, come and join us and tell your story.

Date: First Thursday of each month

Term 3: 4 July, 1 August, 5 September

Term 4: 3 October, 7 November, 5 December

Time: 7.30pm - 9.00pm

Cost: \$3.00 per session plus \$11.00 KRNH Annual Fee

KINGLAKE CWA

Looking to join a lovely group of women focused on supporting our local community and building great long-lasting friendships? The Kinglake CWA has all this and much more.

Meetings are held the first Tuesday of the month from 7.30pm at the Kinglake Ranges Neighbourhood House. Join us as we learn from each other be it craft, cooking, gardening or guest speakers.

Throughout the year we also assist in catering for community events and Fundraising at Market Stalls.

Dates: First Tuesday of the month

Time: 7.30pm

Cost: \$2.00 per meeting (covers room hire & refreshments)

M/Ship: \$77.50 per year (or part there-of) Includes Monthly Magazine Subscription

Contact: kinglakecwa@gmail.com

VOLUNTEER MURRINDINDI

A Kinglake Ranges Neighbourhood House Initiative

Do you have a passion or skill you are willing to share?



Volunteer Murrindindi is a FREE online resource for volunteers and community groups to enhance and support volunteering in Murrindindi. Using the online Portal, "Volunteer Murrindindi" can assist you in finding volunteer positions, or, if you are involved in a community group or organisation in the Murrindindi Shire, you can post an advert for volunteer positions or roles you require assistance with. You can register to volunteer, advertise for volunteers or get more information by going to:

<http://www.volunteermurrindindi.com.au/>

Or contact the House on: 5786 1301

Enrol online: www.kinglakeranges.com.au



Kinglake Ranges Arts

If there is anything you would like to see here, let us know and we can look into arranging it for you. KRA are always looking for local tutors so if you have a skill to share, contact **Kinglake Ranges Neighbourhood House** on **5786 1301** or email kra@kinglakeranges.com.au

LANDSCAPES & SEASCAPES

With Hermann Schwaiger

Learn how to paint beaches, landscapes and other scenes in acrylic with these step-by-step techniques.

Dates: Saturday 6 & Sunday 7 July **OR**

Saturday 31 August &
Sunday 1 September

Time: 10.00am - 4.00pm

Cost: \$120.00 per weekend class

Includes some class materials



POTTERY HANDBUILDING

With Jo McFadyen

Learning and using the various techniques of hand building, be guided by Jo to work on a class project or work on your own project and enhance your skills.

Dates: Mondays 22 July - 9 September

Time: 7.00pm - 9.00pm

Cost: \$196.00 for 8 sessions

Includes some class materials

Additional clay may be available for purchase

**Firing is \$10.00 per kilo for each finished piece*

WET FELTED BIRDS

With Barbara Joyce

Learn to create a piece of felt using wool fleece and silk fibre, blended together using soap & water. We will then cut out bird shapes to be stitched together.

Date: Sunday 4 August

Time: 10.00am - 12.00pm

Cost: \$50.00 ***Includes all class materials***

NEEDLE FELTED BIRDS

With Barbara Joyce

Learn to sculpt a colourful bird using wool fleece and barbed needle.

Date: Saturday 20 July

Time: 10.00am - 2.00pm

Cost: \$80.00

***Includes all class
Materials.***

DRAWING TECHNIQUES

With Jo McFadyen

Students will gain an understanding of the design elements and produce a range of drawing exploring the fundamentals of line, tone and form.

Dates: Thursdays 1—22 August

Thursdays 24 Oct—14 Nov

Time: 9.30am - 11.30am

Cost: \$145.00 for 4 sessions.

*Option to continue weekly
once the course is delivered.*

Includes some class materials

MakerSpace & Studio 6 ~ 1



PASTEL BIRDS

With Michelle Bolmat

Continuing on our bird theme, Michelle will guide you through the art of pastel to create a colourful painting of our native birds.

Date: Saturday 28 September

Time: 10.00am - 2.00pm

Cost: \$65.00

Includes some class materials

POTTERY WHEEL THROWING

With Jo McFadyen

Using a wheel to create symmetrical objects is a skill that is perfected with practice. Let Jo show you how and then spend this term creating your own unique pieces.

Dates: Mondays 14 Oct. - 2 December

Time: 7.00pm - 9.00pm

Cost: \$220.00 for 8 sessions

Includes some class materials

Additional clay may be available for purchase

**Firing is \$10.00 per kilo for each finished piece.*

WATERCOLOUR

With Antoinette Blyth

Painting in watercolour is a wonderful way of learning to slow down and enjoy the moment whilst learning tips and techniques to create peaceful paintings.

Dates: Saturdays 12 & 26 Oct. & 9 Nov.

Time: 10.00am - 3.30pm

Cost: \$210.00 for 3 sessions.

Option to continue weekly once the course is delivered.

Includes some class materials

LEADLIGHTING

With John

Be inspired with six informative weekly sessions from glass cutting to the finished work of art. Beginners, on-going and experienced students are all welcome.

Term 3: Mondays 15 July - 2 September

Term 4: Mondays 14 October - 2 Dec.

Time: 7.00pm - 9.00pm

BEGINNERS

Cost: \$100.00 per term incl. materials

ADVANCED

Cost: \$80.00 per term—BYO project



BOTANIC ILLUSTRATION

With Bronwyn Ward

Botanic drawing is a unique and specialised art form which captures the precision and detail of plants and realistically represents their natural beauty.

Dates: Saturday 17 August &/or

Sunday 24 November

(At the Kinglake Art Show)

Time: 10.00am - 2.00pm

Cost: \$65.00 per session

Includes all class materials

Enrol online: www.kinglakeranges.com.au

Children & Families

1-2-3 MAGIC & EMOTION COACHING

Are you struggling to manage your child's behaviour? Is the yelling, arguing, whining and tantrums causing angst, and your discipline just not working?

The **1-2-3 Magic & Emotion Coaching** program (**ages 2-12 years**) aims to teach parents how to deal with their children's difficult behaviour by using an easy-to-learn and easy-to-use signalling system.

Over three weekly sessions, you will be guided through this proven and effective program, and supported to learn how to manage behaviour, develop a tangible and intuitive strategy to master your own self-control, encourage your child's ability to manage their own emotional reactions, and improve your relationship with your child.

Dates: Mondays 5—19 August
Mondays 14—28 October
Time: 10.00am—12.00pm
Cost: FREE



ENGAGING ADOLESCENTS

Can't get through to your teen? Is the frustration affecting your relationship?

Issues surrounding behavioural problems, unacceptable risk-taking, lack of motivation, and an unwillingness to fit in with the family's values, can make parenting tough, regularly leaving parents struggling with what to do.

In this three week **Engaging Adolescents** workshop, you will gain a better understanding of your teen and will be provided with valuable strategies and tools to become effective in your communication, fostering a stronger relationship with your teenager.

We will guide you through the program and provide easy-to-use techniques for parents and carers to use to enlist adolescents to manage their own behaviour problems and emotional reactions.

Dates: Wednesdays 4—18 September
Wednesdays 6—20 November
Time: 7pm—9.00pm
Cost: FREE



FAMILY DAY CARE

Family Day Care is provided in the homes of registered educators. Educators can care for up to seven children in total, but no more than four preschooler's at a time. Care can also be provided in an approved venue such as a school.

Family Day Care educators currently work in Alexandra, Castella, Kinglake, Kilmore, Eildon, Broadford, Flowerdale, Woori Yallock, Healesville, Chum Creek, Yarra Glen, Seville and Millgrove.

A place with Family Day Care is subject to availability.

For more information:

Contact: 5772 0362 or 0407 509 531

Email: mhbcc@murrindindi.vic.gov.au



Murrindindi
Shire Council



Playgroup



Free and available for all children!

Monday mornings 10am—12 pm during school terms.

Facilitated **Small Talk Program** (www.smalltalk.net.au)



Fun activities and good times for parents, carers and children together.
Opportunities to interact with other families. Facilitator home visits also available.

For more information regarding this group contact the group facilitator:

Liz Klein: **5772 0365** | Mobile: **0436 695 924**

Email: lklein@murrindindi.vic.gov.au

OR

Kinglake Ranges Neighbourhood House

Tel: **5786 1301** Email: admin@kinglakeranges.com.au



PLAYGROUP — DAYS AVAILABLE

Playgroup is for babies, toddlers, preschoolers and their parents, grandparents or carers.

We offer a great opportunity for caregivers and their children to come and interact in our happy, safe and relaxed environment. Your child can learn to play and socialise with other children, learn to play in a different environment with different resources and become pre-school ready. Our playgroup sessions are run by the parent groups who attend.

Dates: Tuesdays, Wednesdays & Thursdays

Times: 10.00am - 12.00pm or 1.00pm - 3.00pm

Cost: \$3.00 per session for one child (max \$5 per family) plus \$16.00 KRNH annual fee



**KRNH is a Member of Playgroup Victoria*

Activities & Interests

START USING YOUR DIGITAL CAMERA

Two week course , where you will be familiarised with the various settings on your camera, be able to ask questions and learn what settings to use when. It will be conducted is a “round table” format where we will all see everyone’s cameras, and learn collaboratively, with some instruction from me.

Date: Wednesday 14 & 21 August

Time: 7.00pm - 9.00pm

Cost: \$50.00



GET THAT TELESCOPE OUT OF THE CUPBOARD!



Many of you have telescopes doing nothing in storage, or would like to learn more about how to use it. In this 2 session course we will introduce you to how telescopes work and how to set them up to do night observing. Bring your telescope along, or just come along if you’re thinking of buying one to get advice.

Date: Wednesday 4 & 11 September

Time: 7.00pm - 9.00pm

Cost: \$40.00

GINGERBREAD HOUSE

During this workshop we will create a stunning seasonal Gingerbread House! Recipe and instructions will be supplied when you enrol in this course. You will need to bake your own gingerbread slabs to bring along to the course on the day. This is a fun, interactive workshop where you can share ideas, work together and have lots of laughs!

Date: 14 December

Time: 10.00am-1.00pm

Cost: \$25.00. **Includes:** Tuition, Lollies for decorating & Gingerbread recipe.

ASTRONOMY

Learn about astronomy in this 6 week, 12 hour course. Topics covered will include, but not restricted to:

- *What’s happening in the sky now*
- *Astronomical Numbers* • *Distances*
- *Temperature* • *Black Body Radiation*
- *Kirchoffs Law* • *Types of Telescopes*
- *Choosing your Equipment* • *Cameras for Astronomy* • *Fusion* • *HR Diagram* • *Life of stars* • *Binary Stars* • *Supernova* • *Distance Measuring* • *Photometry* • *Citizen Science*

There will be observing tasks set during the course, but the course will not involve observing.

Dates: Wednesdays 16 Oct—20 Nov

Time: 7.00pm - 9.00pm

Cost: \$130.00 for 6 weeks

BEGINNERS BEEKEEPING

On completion of this one-day course you will have a good understanding of:

- Bees and their Behaviour
- Legal Responsibilities
- Preparation of Beekeeping
- Hive Management

Date: Saturday 10 August

Time: 9.30am - 4.30pm

Cost: \$160.00. Includes all materials.

Please bring a plate to share for lunch.



KINGLAKE RANGES OPPORTUNITY SHOP

1A Glenburn Road, Kinglake

**VOLUNTEERS
NEEDED**

Trading Hours:

Wednesday 10.00am—4.00pm

Thursday 10.00am—4.00pm

Friday 11.00am—4.00pm

Saturday 11.00am—2.00pm

Follow us on Facebook!

If you would like to volunteer contact:

Laura on 5786 1301 or email

laura@kinglakeranges.com.au



masonwhitemcdougall

WINTER OFFER

List & Sell your property or refer a friend and we will donate

\$500

To The:
**Kinglake Ranges
Neighbourhood House
& Op Shop**

Available to new listings only
For more details phone:

Donna Wilson - 0409 676 933

Jodie Thorneycroft - 0438 861 288

ESSENTIAL OILS WORKSHOP

With Lisa Walton

Join Lisa for a low key, high vibe essential oils workshop to explore natural health solutions and low-tox living.

Be it better sleep, less stress, a happier gut and calmer mood, clearer skin or improved focus and hormonal support, we have an oil for everything and they are 100% pure and chemical free.

The first hour will run as a basic introduction to the top 10 oils for family health and wellbeing. After a short break and some yummy treats, Lisa will cover what to do with your oils once you have them - making blends, DIY recipes and answering specific needs and interests of the group. You are welcome to join us for one or both of the sessions.

Date: Sunday 8 September **OR**

Sunday 13 October

Time: 1.00pm - 4.00pm

Cost: \$10 .00



Enrol online: www.kinglakeranges.com.au

Health & Wellbeing

YOGA

Bring mindfulness, inner calm, peace and contentment back into your life. Gently work each muscle and loosen each joint. Please bring your own mat, blanket and water bottle.

TUESDAY EVENINGS:

Date: Tuesdays 6 Aug—10 Sept (6 weeks)

Time: 7.00pm - 8.15pm

Cost: \$90.00 (\$15 per week)

FRIDAY MORNINGS:

Date: Fridays 9 Aug—13 Sept (6 weeks)

Time: 9.00am - 10.15am

Cost: \$90.00 (\$15 per week)

Min number of 5 for both classes

PILATES

with Jess

"Be in control of your body not at it's mercy". *Joseph Pilates*

These classes will help you to build a stronger core, improve overall fitness, flexibility and balance and have a better control of your movement.

A whole body workout suitable for the beginner through to advanced, Pilates can assist you to become more flexible and strong in both mind and body.

Term 3: Thursdays 1 Aug—19 Sept

Term 4: Thursdays 17 Oct—21 Nov

Time: 9.30am-10.30am

Cost T3: \$88 or \$12 per class (8 weeks)

Cost T4: \$66 or \$12 per class (6 weeks)

Min number of 5 for both classes

BE WELL IN THE RANGES

Wellbeing support for the Kinglake Ranges community and surrounding areas.

FREE & CONFIDENTIAL

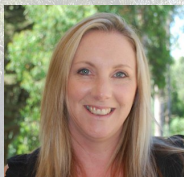
This program will be available until December 2019.



KIM MALONEY
Counsellor



FRAN BOYER
Psychologist



NATASCHA NEWTON
Counsellor



PETER KUEFFER
Psychologist



DR BETH WILLIAMS
Music Therapist

To book online: <https://kinglakeranges.com.au/be-well-in-the-ranges/>
or call 0429 774 310 (Monday - Thursday)



KINGLAKE RANGES
NEIGHBOURHOOD HOUSE

Spiritual Connections & Wellness Festival

REJUVENATE YOUR
MIND BODY AND SOUL

SUNDAY OCTOBER 27 | 10 AM—3PM
6 McMahons Rd. Kinglake

FREE FACE PAINTING FOR THE KIDS!



PSYCHIC MEDIUMS | HEALERS | READERS | TAROT |
FORTUNE CARDS | MARKET STALLS
GREAT FOOD & COFFEE.... & more!

Kinglake branch



If you would like a stall at the Festival call LAURA 5786 1301 | Email: laura@kinglakeranges.com.au

KINGLAKE COMMUNITY

CAROLS By CANDLELIGHT

Join us as we celebrate the spirit of Christmas at:

BOLLYGUM COMMUNITY

TWILIGHT MARKET

SUNDAY 8 DECEMBER

5.00pm—6.30pm

There will be performances from our primary schools, local singers, dancers and musicians! Santa will visit with lollies for all the children, and Mother Christmas & Elfie will entertain us with a short story!

BYO picnic blanket or chair

This is an alcohol & drug free event



Carols by Candlelight is proudly supported by: Bendigo Bank, Whittlesea Bowls Club, High Mountain Water, Kinglake Pub & Kinross Farm

