

# Kinglake Ranges Neighbourhood House Semester 1, 2020



# HOW TO ENROL

## TERMS AND CONDITIONS

### PAYMENTS

- Fees must be paid in full at the time of enrolment; this will guarantee your place in the course.
- Payments can be made by Direct Deposit, cash or EFTPOS at the House or via our online booking system at our website:

[www.kinglakeranges.com.au/](http://www.kinglakeranges.com.au/)

- All enrolments are considered an expression of interest until evidence of payment has been made e.g. email payment receipt to [admin@kinglakeranges.com.au](mailto:admin@kinglakeranges.com.au)

*Min/max numbers apply to all courses for them to proceed. Bookings are taken until classes are filled.*

Payment Plans are available if required. Please speak to Denise at reception to arrange.

BSB: 633-000

ACCOUNT: 138-031-471

REFERENCE: Your Surname/Course Name

### REFUNDS

Refunds will be given if:

- The Course is cancelled by KRNH
- You cancel your enrolment in writing at least 4 days prior to course commencement.
- Late cancellations (2 working days or less prior to course start date) will not be eligible for any refund.
- A 10% administration fee will be deducted from refunds (except where the course is cancelled by KRNH).

### VENUES

All courses are delivered from the Kinglake Ranges Neighbourhood House unless otherwise stated. Please check the course listing for venues.

### ENROLMENT FORMS

Enrolment Forms are available from the House, can be emailed to you, or are available on our website:

<https://kinglakeranges.com.au/>

Once completed, forms can be emailed to:

[admin@kinglakeranges.com.au](mailto:admin@kinglakeranges.com.au)

Or posted to: **PO Box 135, Kinglake 3763**

Or faxed to: **03 5786 1994**

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KRNH Re-opening in 2020

## Monday 22 January at 9.00am

For enrolments prior to this date please email [admin@kinglakeranges.com.au](mailto:admin@kinglakeranges.com.au)

We will respond within 3-5 working days.

## Public Holidays 2020

New Year's Day:	Wednesday 1 January
Australia Day:	Sunday 26 January
Australia Day PH:	Monday 27 January
Labour Day:	Monday 9 March
Good Friday:	Friday 10 April
Easter Saturday:	Saturday 11 April
Easter Sunday:	Sunday 12 April
Easter Monday:	Monday 13 April
Anzac Day:	Saturday 25 April
Mother's Day:	Sunday 10 May
Queen's Birthday:	Monday 8 June

## Australia Day Celebrations

The **Kinglake Ranges Neighbourhood House** and **Kinglake Lions Club** will be hosting the Australia Day Breakfast next to the Kinglake Police Station and the Kinglake Shire Office.

A delicious breakfast of bacon and egg sandwiches, plus tea and coffee, will be served.

**Date:** Sunday 26 January  
**Time:** 9.00am – 10.00am  
**Cost:** Free  
**Venue:** Kinglake Services Centre



## Clean Up Australia Day

Every year this event encourages and inspires thousands of Australians to take to their local park, beach, bushland and streets and really help make a difference to their local environment.

Join us at Wallaby Springs Reserve to make a difference in OUR community. This day is a joint initiative with Kinglake Landcare and Kinglake Scouts.

Please wear suitable clothing for outdoor work and sturdy footwear. Gloves and rubbish bags will be supplied. BBQ Lunch at the end for everyone!

**Date:** Sunday 1 March  
**Time:** 10.00am - 12.00pm  
**Cost:** Free  
**Venue:** Wallaby Springs Reserve  
1825 Whittlesea-Yea Rd. Kinglake West



## KINGLAKE RANGES OPPORTUNITY SHOP

**NEEDS YOUR SUPPORT**

***Become an Op Shop volunteer!***

*Do you have a passion for fashion?*

*Want to support your local community?*

*Make new friends?*

Call **Laura** at the **Neighbourhood House**  
today on **5786 1301** or email  
**[laura@kinglakeranges.com.au](mailto:laura@kinglakeranges.com.au)**

## ROOM HIRE

KRNH has rooms for hire that can be used for gatherings, presentations and your community groups AGM.

Contact the House for more information:

5786 1301 or  
**[admin@kinglakeranges.com.au](mailto:admin@kinglakeranges.com.au)**



# Accredited Courses

**CIVIL CONSTRUCTION**

PARTICIPATE  
CONNECT  
LEARN

**Learn Local**

**The Centre**  
your Community College

Kick start your career, with this entry level course

**EDUCATION SUPPORT**

SUPPORT  
GROW  
INSPIRE

**Learn Local**

**The Centre**  
your Community College

Careers based, practical, hands-on learning

**RII20715  
CERTIFICATE II  
CIVIL  
CONSTRUCTION**

**Classes starting this May  
in Kinglake**

Searching for a motivating career that provides the rewards of job satisfaction, excellent income potential and working with teams of people? Then civil construction could be a good fit for you!

**CHC30213  
CERTIFICATE III  
EDUCATION  
SUPPORT**

**Classes starting this February  
in Kinglake**

Train to become a Teacher's Aide, and prepare a child for classroom success. This course is designed to prepare learners for a career in the classroom, assisting teachers to educate, support and inspire students.

To find out more visit us online at [thecentre.vic.edu.au](http://thecentre.vic.edu.au) or call 1300 843 236 to secure your place

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The Centre for Continuing Education Inc. Reg No. A0001858K A Child Safe Organisation | TOID 4172

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## Enrol now to study in 2020



**CHC43115 Certificate IV Disability**  
Classes starting December  
at Flowerdale Community House



**CHC30213 Certificate III Education Support**  
Classes starting Semester 1 2020  
at Kinglake Ranges Neighbourhood House



**RII20715 Certificate II Civil Construction**  
Classes starting Semester 1 2020  
at Kinglake Ranges Neighbourhood House



**First Aid & CPR**  
HLTAID001 & HLTAID003 classes held every  
2 months at Flowerdale Community House



To find out more, please phone 1300 843 236

The Centre for Continuing Education Inc. Reg No. | A0001858K A Child Safe Organisation | TOID 4172

**TO ENROL**

Enrol online or call 1300 843 236 - Mon - Fri: 9am - 5pm

Email [contact@thecentre.vic.edu.au](mailto:contact@thecentre.vic.edu.au)



# Healing Day

REJUVENATE YOUR  
MIND BODY AND SOUL

SUNDAY APRIL 19 | 10 AM—2PM

6 McMahons Rd. Kinglake

Book an appointment with one of our  
psychic mediums, healers, readers,  
tarot and fortune cards or reiki masters.

*If you would like offer a service or an experience on the day*

**Email:** [laura@kinglakeranges.com.au](mailto:laura@kinglakeranges.com.au)



## ENROLMENT NIGHT

Come along and meet Laura to find out more about our upcoming classes and course and how to enrol in our Semester 1, 2020 Programs!

**Date:** Tuesday 4 February

**Time:** 5.30pm - 6.30pm

**Where:** CappaRossi's



# Fabulous Food

## CHEESE MAKING COURSE

Come along and learn how to make ricotta, feta & halloumi cheese. You will make enough to take some home, and also to taste test at lunch. Bring along an apron, a glass jar, and several plastic containers to take your cheese home.

**Date:** Saturday 4 April

**Time:** 10am-2pm

**Cost:** \$130.00



## SOURDOUGH WORKSHOP



Join **The Fermented Mumma** for a hands-on, fun workshop!

This delicious traditional bread making method will be broken down into simple easy-to-follow steps. You will take home a ready-to-bake Sourdough as well as instructions (electronic & hard copy), a jar of bubbly starter (natural yeast), a proving basket and ongoing online support from **The Fermented Mumma**.

**Date:** Saturday 28 March

**Time:** 12pm-4pm

**Cost:** \$90.00



## GLUTEN FREE COOKING



Let's catch up and unravel some of the mysteries of the gluten free diet.

As a coeliac I know all too well the fear of never having a crispy batter on a piece of fish or chicken, a pastry that won't fall apart or a delicious sweet that isn't made with avocado or seeds that break your teeth not that those things don't taste fine.

With a few hints, perhaps some ingredients and techniques you haven't come across you, like me will be creating dishes that my non coeliac friends and family love.

We will chat, cook and eat what we prepare, something sweet, something savoury, hope you are able to join us at the House.

**A booklet with some recipes to will be provided.**

**Date:** Saturday 1 February

**Time:** 9.00am—1.00pm

**Cost:** \$45.00

## PRESERVING

It is that time of the year where our veggie patches are finishing, and we are thinking what are we going to do with all the produce. Like life everything gets ripe or doesn't ripen at the same time.

No need to worry, join us at the House and we will explore the magic of preservation. You don't need your own veggie patch there is plenty of delicious fruits and vegetables available all the time. We will create 3 different preserves on the day for you to take

The greatest advantage of preserving is the fact that you know where the raw ingredients came from and you control what goes in, preserving your own food is gratifying and means you always have something for dinner in the pantry

**Date:** Saturday 7 March

**Time:** 9.00am—1.00pm

**Cost:** \$40.00



# Make & Create

## INTRODUCTION TO FURNITURE PAINTING

Learn the basics of furniture painting in this a hands on 3 hour workshop. Designed for those who are new to furniture painting and also for those who would like to extend their painting skills. You will learn a variety of very easy paint techniques, as well as how to seal your painted furniture with wax and how to master the art of stencilling on furniture.

My aim is for you to leave this workshop feeling inspired and confident enough for you to be able to transform and give new life to your loved pieces of furniture by using paint. You will get to take home your very own stencil, a paint colour chart and your finished projects you've created and completed.

**Date:** Saturday 21 March  
**Time:** 10.00am-1.00pm  
**Cost:** \$120.00



## ESSENTIAL OILS WORKSHOP

With Lisa Walton

Join Lisa for a low key, high vibe essential oils workshop to explore natural health solutions and low-tox living.

Be it better sleep, less stress, a happier gut and calmer mood, clearer skin or improved focus and hormonal support, we have an oil for everything and they are 100% pure and chemical free.

The first hour will run as a basic introduction to the top 10 oils for family health and wellbeing. After a short break and some yummy treats, Lisa will cover what to do with your oils once you have them - making blends, DIY recipes and answering specific needs and interests of the group. You are welcome to join us for one or both of the sessions.

**Term 1:** Saturday 21 March

**Term 2:** Saturday 30 May

**Time:** 10.00am - 12.00pm

**Cost:** \$10 .00



## GOATS MILK SOAP

Having mastered the basic soap recipe in this session we will take all the more complex goat milk soap.

### Goat Milk Soap Benefits

- Cleanses Gently Yet Deeply.
- Gives Healthy And Nourished **Skin**.
- Keeps The **Skin** Soft And Moisturized.
- Prevents Premature Aging.
- Keeps **Skin** Acne-Free.
- Relieves Irritation And Inflammation.
- Heals **Skin** Infections Quickly.

**Date:** Sunday 14 June  
**Time:** 1.00pm-3.00pm  
**Cost:** \$25.00 (minimum of 6 people required)

## SOAP MAKING

The benefits of beeswax for the skin are amazing. It forms a natural protective barrier from certain environmental nasties and locking in essential moisture. Beeswax also attracts moisture and allows your skin to absorb essential water molecules, keeping your skin fresh and hydrated. It's a great source of vitamin A, and it carries a sweet, natural fragrance, which will be sure to keep you smelling great.

**Date:** Saturday 22 February

**Time:** 1.00pm-3.00pm

**Cost:** \$25.00

(minimum of 6 people required)

# Learn Local & Life-long Learning

## BIODYNAMIC FARMING

### *Sustainable Gardening & Farming using Biodynamic Principles*

Suitable for Broad-Acre Farmers, Market Gardeners and people wanting to extend their knowledge or looking for pathways to starting a business in farming with organics/biodynamics.

**Learn about or how to improve:** Biological activity of soil; Soil & plant health; Homeopathy for humans, animals & plants; Biodynamic preparations; Introduction to permaculture principles and an Introduction to Bee-Keeping.

**Dates:** Thursdays 20 February - 9 April  
(8 weeks plus 1 practical Field Day)

**Time:** 10.00am – 1.00pm

**Cost:** \$130.00 or \$80.00 concession (incs. materials)

**Location:** Yea Community House - 15 The Semi Cir, Yea



## PERMACULTURE DESIGN COURSE

This Permaculture Design course is internationally recognized and results in a **Permaculture Design Certificate**. It provides an introduction to permaculture design and implementation and teaches a range of practical skills that can be applied in daily life for immediate benefits. In this 80 hour class, participants will learn the necessary skills to design a productive property of any size.

Subjects covered include:

- Zones • Sectors • Soils •Water • Passive Solar • Disaster Resilience

**Date:** Tuesdays 1 September - 1 December

**Time:** 9.00am—4.30pm

**Cost:** \$595.00 (Industry equivalent is \$2000)

**Info:** <https://naturalsystemsparmaculture.org/>



## PROVIDE CPR - HLTAID 001

### *Resuscitation (New Learner - e-Learning)*

This course teaches the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines.

**Term 1:** Saturday 14 March

**Term 2:** Saturday 13 June

**Time:** 9.00am - 12.00pm

**Cost:** \$60.00 CPR Only



## PROVIDE FIRST AID - HLTAID 003

### *(New Learner - e-Learning)*

This unit of competency describes the skills and knowledge required to provide first aid response to a casualty. The unit applies to anyone who may be required to provide a first aid response in a range of situations, including community and workplace settings.

**Term 1:** Saturday 14 March

**Term 2:** Saturday 13 June

**Time:** 9.00am - 4.00pm

**Cost:** \$140.00 Full Level 2 Training

# HOSPITALITY COURSE

Food Handlers Level 1  
Food Safety Supervisor Level 2  
Responsible Service of Food Certificate  
Responsible Service of Alcohol Certificate

Our **Hospitality Work Ready Training** is an accredited Work Skills program aimed at providing participants with the skills to be “work ready” to gain employment in the hospitality industry.

This basic one-day training covers accredited units in the above listed topics plus you will be on a pathway to undertake your Certificate III in Hospitality.

## Upon completion participants will have achieved:

- Food Handlers Level 1 & Food Safety Supervisor Level 2
- Responsible Service of Alcohol and Responsible Service of Food Certificates

To qualify for this course you **must not** be enrolled in school, however this is perfect for school leavers and anyone wanting to gain a qualification. Ask us for support in gaining a USI number. To enrol contact: [admin@kinglakeranges.com.au](mailto:admin@kinglakeranges.com.au)

**Dates:** Saturday 28 March

**Time:** 9.00am - 5.00pm

**Cost:** \$75.00



## BOAT LICENSE COURSE

*Including Jet Ski License for ages 16+*

This course provides you with the knowledge and awareness of navigation and safe boating skills.



At the end of the course you will complete an exam for your Marine License (Boat License) and PWC Endorsement (Jet Ski). You will then be issued with a certificate that you present to Vic Roads to get your license. This course is open to anyone over the age of 12.

You will need to bring an **Australian Driver's License**, if none held, an **Australian Birth Certificate or Passport AND a Family Medicare Card**.

**Date:** Saturday 29 February

**Time:** 9am - 1pm

**Cost:** \$125.00



## STEM TRAINING

Ellimatta is seeking interested volunteers to support our STEM (Science, Technologies, Mathematics) Makerspace.

The introduction to STEM training will concentrate on coding, Electronics and 3D design. Upon completion participants can facilitate Makerspace, Coding Clubs, and STEM School activities. For more information, or to register your interest please contact: **Wayne** on 5786 1711 or [email.inquiries@ellimattayouth.org.au](mailto:email.inquiries@ellimattayouth.org.au)



## POLICE CHECKS AT THE HOUSE

Partnering with CrimCheck, KRNH offer a Police Check Service for community.

If you engage volunteers, or are a volunteer and need a Police Check, call us on:

**03 5786 1301**

Or email: [laura@kinglakeranges.com.au](mailto:laura@kinglakeranges.com.au)

for a quick, easy and confidential chat.

**Cost:** \$20.00 per Volunteer Police Check



## Groups at the House

### KINGLAKE HISTORICAL SOCIETY

The Kinglake Historical Society works to collect and preserve the information and memorabilia related to the history of the district. The group meet to collate and catalogue information and photos, or at other times by arrangement. KHS encourages and welcomes new members to support the preservation of our history.

**Dates:** Third Wednesday of each month

**Term 1:** Wednesday 19 February & 18 March

**Term 2:** Wednesday 15 April, 20 May & 17 June

**Time:** 12.30pm - 3.30pm

**Venue:** KRNH

**Cost:** \$3.00 per session plus \$23.00 KRNH/KHS Annual Fee

**Email:** [historical@kinglakeranges.com.au](mailto:historical@kinglakeranges.com.au)

\* There is an additional option to be a KHS Associate Member for \$10.00 annually.

### TOUR OF KINGLAKE RANGES

Come and hear more about the history of the Kinglake Ranges as we drive you across the mountain. The Kinglake Historical Society will be pleased to share their vast knowledge of the area with you.

**Date:** Saturday 29 February

**Time:** 10.00am – 1.00pm

**Venue:** Bus departs from, and returns to, Kinglake Heritage Centre

**Cost:** \$20.00 (Includes delicious morning Tea @ the Heritage Centre.)

## COMMUNITY EXHIBITION

### *The Story of Kinglake*



**Date:** Sundays

**Time:** 12.00pm - 4.00pm

**Location:** Kinglake Heritage Centre  
1055 Whittlesea-Kinglake Rd,  
Kinglake West

**Contact:** 03 5786 1301 for group bookings or email:

[historical@kinglakeranges.com.au](mailto:historical@kinglakeranges.com.au)

**Other days available by appointment**

### KINGLAKE HISTORICAL SCANNING DAY

We are keen to add to our collection copies of photos and documents relating to our local history. Bring your photos and documents along and we can scan them on the day. We have equipment to provide high quality digital images which you will also be given a copy of. Please bring a USB if possible.

Any organisations from the area who would like their minute books etc. digitally scanned we are able to do this as well.

**Dates:** Wednesday 4 March

**Venue:** Kinglake Ranges Neighbourhood House - 6 McMahons Rd Kinglake

**Time:** from 1.00pm



## KNIT KNACKS

Learn the secrets of successful knitting with hands on skills and help with selecting a project if needed. Some yarns, patterns and knitting needles are available. The Knit Knack group welcomes anyone who has their own project they want to work on in the company of others.

(Sewing machines are also available to use).

**Date:** Second & fourth Tuesday of each month

**Term 1:** 11 & 25 February, 10 & 24 March,

**Term 2:** 14 & 28 April, 12 & 26 May,  
9 & 23 June

**Time:** 10.00am - 1.00pm

**Cost:** \$3.00 per session plus \$16.00  
KRNH Annual Fee



## BUZZ OF THE BEES

Buzz of the Bees is a group of beekeepers and “wanna bees” who get together to support and discuss Bees, and Bee related topics, in a friendly casual group. If you live in the area and keep or would like to keep bees, then this is the place to meet and greet!

Sue Zuber & Vin Anderson, both local beekeepers, would like to share their knowledge and invite you along to their monthly casual discussions and sharing of ideas. Whether you are a beginner or long-time beekeeper, come and join us and tell your story.

**Date:** First Thursday of each month

**Term 1:** 6 February & 5 March

**Term 2:** 2 April, 7 May & 4 June

**Time:** 7.30pm - 9.00pm

**Cost:** \$3.00 per session plus \$16.00  
KRNH Annual Fee



## KINGLAKE RANGES ARTS

Welcome all artists, budding artists and art enthusiasts!

Our relaxed and friendly group gather to share and discuss all genres of art.

Watch out for our news and read about feature artists each month in the Mountain Monthly.

We encourage ideas and ways to enhance skills to develop individually and collectively through workshops, excursions and sharing.

From absolute foundations to experimenting and exploring beyond the comfort zone, we support and guide budding artists and facilitate tutoring across the ranges.

**Gathering:** Meet at the pub for drinks, dinner, dessert or coffee and chat with fellow art lovers.

**Dates:** 20 February & 17 April

**Time:** 7.30pm – 9.30pm

**Contact:** kra@kinglakeranges.com.au



## KINGLAKE LANDCARE



Kinglake Landcare works with the community for the preservation and enhancement of the local environment. The group is involved with roadside and creek rejuvenation work and can provide information and assistance for landholders. Anyone is welcome to attend our monthly meetings.

**Dates:** Third Monday of each month

**Term 1:** 17 February, 16 March, 20 April,

**Term 2:** 18 May. No meeting in June.

**Time:** 7.30pm

**Cost:** \$20.00 KRNH annual fee

**Venue:** Kinglake Scouts Hall (upstairs) at Kinglake Memorial Reserve

**Contact:** John 0419 858 504

# Makerspace & Studio 6 1



## WHAT IS THE KINGLAKE RANGES MAKERSPACE?

The Makerspace is a room, a studio, a garden, a place where people get together to create things in the company of other makers. They are creative, social spaces, coordinated by volunteers, which provide opportunities for people to share, learn and connect. Makers share skills, ideas, Inspiration, friendship and the enjoyment of making.

*The Makerspaces is flexible and affordable and anyone is welcome to use it!*

## STUDIO 6 1 POP-UP SESSIONS

In response to community need , Pop-up sessions may be available for artists that aren't planned. If you would like to be informed of these days, please contact us to put your name on the list email [admin@kinglakeranges.com.au](mailto:admin@kinglakeranges.com.au) or call 5786 1301 Monday to Thursday .

## LEADLIGHTING

with John

Be inspired with six informative weekly sessions, from glass cutting to the finished work of art. Beginners, on-going and experienced students are all welcome.

**Term 1:** Monday 10 February - 23 March (6w)

**Term 2:** Monday 4 May - 15 June (6w)

**Cost Beginners:** Term 1: \$80.00 inc materials

**Cost Advanced:** Term 1: \$60.00

**Time:** 7.00pm - 9.00pm

\*Please note classes do not occur on Public Holidays.



## OPEN STUDIOS

with volunteer facilitators

This is an opportunity for you to work on your own project in a suitable space in the company of others. Painting, Drawing, Pottery, Mosaics. Whatever you are into or would like to try, it is fun to create together.

**Dates:** Wednesdays 5 & 19 February, 4 & 18 March, 1 & 22 April, 3 & 20 May, 3 & 17 June

**Times:** 12.30 to 3.30pm

**Cost:** \$50.00 per term



## ACRYLIC PAINT POURING

with Cheryl Phillips

A fund and relaxing painting technique whereby acrylic paint is mixed with a pouring medium, then poured onto a surface in a variety of ways. In this 3-hour class you will be shown techniques for your own take home pieces.

**Dates:** Thursday 12 March or 14 May

**Times:** 12.30 to 3.30pm

**Cost:** \$80.00



## BASIC POTTERY TECHNIQUES

with Julie

This is an introduction to clay for those who are not confident to tackle this medium alone.

We will cover basic terminology, handling, joining and processes.

You will have the opportunity to create three pieces, one from each session.

School Holiday Family Activity:

**When:** Wed 1, Thurs 2 and Fri 3 April

**Times:** 1.00 to 4.00pm

**Cost per session:** \$30.00 Adults, \$10.00 Child (must be accompanied by an adult)

**Materials:** basic class materials and tools are included.



# KINGLAKE RANGES ARTS



## Kinglake Ranges Arts

provide opportunities to try something new, learn foundation to advanced techniques and practice, practice, practice. Most classes occur Kinglake Ranges Neighbourhood House, 6 McMahons Road, Kinglake. For more information about up-coming sessions, phone **5786 1301** or [kra@kinglakeranges.com.au](mailto:kra@kinglakeranges.com.au)

Below are some of the sessions planned for Semester 1, 2020.

## WATERCOLOUR

*With Antionette Blyth*

Both beginners and on-going students enjoy these sessions this magic medium.



Antionette is able to take you through both basic and more advanced techniques, including the use of watercolor

pencils. Students tackle a variety of subjects as determined by the group or are able to work with their own reference material if preferred.

**Dates:** Saturday 13 & 20 June

**Times:** 9.30am arrival for 10.00am to 3.00pm

**Cost:** \$75.00 per session

**Materials:** basic class materials are included.

## PAINT SPLATTER FAMILY FUN DAY

Splatter painting is a technique made famous by abstract expressionist painters. It's energetic, unpredictable, messy and a whole lot of fun. This type of free expression can be very liberating.

**Date:** Saturday 22 March

**Cost:** \$5 per canvas

**Venue:** Kinglake Country Fair



## DRAWING

*with Jo McFadyen*

Drawing helps improve your hand-eye coordination. The more you draw, the better your brain, your eyes and your hands harmonise. Come and join this fun class and be amazed at what you can draw.

**Term 1:** 5 & 19 February, 4 & 18 March, 1 April

**Term 2:** 22 April, 6 & 20 May, 3 & 17 June

**Times:** 9.30 to 11.30am

**Cost:** \$150.00 per term, 5 sessions.

**Materials:** basic class materials are included.

## OIL PAINTING

*with Lisa Nolan*



This exiting medium is new to many of our participants. Lisa will introduce you to oil painting: the nature of oil paint, how to apply it to surfaces and how to mix colours. The course will be tailored to the interest of the group

**Dates:** Saturday 18 April and 2 May

**Times:** 9:30am arrival - 10:00am to 3.00pm

**Cost:** \$75.00 per session

**Materials:** basic class materials are included

**BYO:** Canvas or canvas board

## PASTELS AND ACRYLICS

*with Janet Hayes*



In these amazing workshops you will be able to choose to work in either pastel or acrylic and choose from a simpler (for beginners) or more complex subject.

The first workshop will be a still life or if preferred you can work from your own reference material.

Janet will demonstrate and instruct in both mediums, focusing on composition, drawing, tone, colour and technique

**Dates:** Saturday 8 & 15 February

**Times:** 9:30am arrival: 10:00am to 3:00pm

**Cost:** \$75.00 per session

**Materials:** basic class materials are included.

Canvases and pastel paper will be available for purchase or BYO

# Children and Families

## KINGLAKE RANGES PLAYGROUP

Free, facilitated playgroup for all to participate in. Child-led experiences and fun activities for parents and children to enjoy together. Share morning tea and opportunities to interact with each other and local families and discuss the small talk program.

[www.smalltalk.net.au](http://www.smalltalk.net.au)

Term 1 starts back on Monday the 20th of January.

For more information call:

**Contact:** Liz Klein 0436 695 924

Liz is available for home visits and one on one discussions are available.

**Email:** [lklein@murrindindi.vic.gov.au](mailto:lklein@murrindindi.vic.gov.au).



## PLAYGROUP

Playgroup is for babies, toddlers, preschoolers and their parents, grandparents or carers. We offer a great opportunity for caregivers and their children to come and interact in our happy, safe and relaxed environment. Your child can learn to play and socialise with other children, learn to play in a different environment with different resources and become pre-school ready.

Our playgroup sessions are run by the parent groups who attend and are available:

**Dates:** Mondays, Tuesdays, Wednesdays & Thursdays

**Times:** 10.00am - 12.00pm or 1.00—3.00pm

**Cost:** \$3.00 per session for one child (max \$5 per family) plus \$16.00 KRNH annual fee

**\*KRNH is a member of Playgroup Victoria**

## FOOD SHARE

Food Share is a community based program that provides food for people in need to help them through tough times. The food is donated from Foodbank Victoria and the House has a community garden, so part of the program includes access to fresh produce. This program is confidential and everyone's privacy is ensured.

**Date:** Every Monday *returns 20 January*

**Time:** 10.00am - 12.00pm

**Venue:** KRNH, 6 McMahons Rd. Kinglake



# "Mad Hatters Tea Party"

## Biggest Morning Tea

*Lets get together and beat Cancer*



Only \$5  
Entry!



Date: Thursday 28 May  
Time: 10.00am - 12.00pm  
Cost: \$5 (Includes Morning Tea)  
Venue: Kinglake Library

**Kids Entertainment  
With Fairy Freckles!**

Come and see the KRNH  
Staff on the day and create  
your own Paint Splatter canvas  
with Kinglake Ranges Arts!



SUNDAY 22 MARCH, 2020 ~ 11AM-4PM ~ RECREATION RD. KINGLAKE

- Food Truck
- Market Stalls
- Face Painters
- Carnival Games
- Live Music
- Community Group Displays
- Rides
- King and Queen of the Mountain Race
- Petting Zoo and Pony Rides
- Mini Golf

CHILDREN \$5 | ADULTS \$9 | FAMILY \$24 | ULIMITED RIDES \$40



Kinglakecountryfair

Stallholders and community groups welcome!

Email: [kinglakecountryfair@gmail.com](mailto:kinglakecountryfair@gmail.com)



**Integrity**  
REAL ESTATE YARRA VALLEY PTY LTD

# BE WELL IN THE RANGES

Wellbeing support for the Kinglake Ranges community and surrounding areas.

**FREE & CONFIDENTIAL**



**KIM MALONEY**  
Counsellor



**FRAN BOYER**  
Psychologist



**NATASCHA NEWTON**  
Counsellor



**PETER KUEFFER**  
Psychologist



**DR BETH WILLIAMS**  
Music Therapist

To book online: <https://kinglakeranges.com.au/be-well-in-the-ranges/>  
or call **0429 774 310** (Monday - Thursday)

## KINGLAKE RANGES OPPORTUNITY SHOP

1A Glenburn Road Kinglake

### Trading Hours

**Wednesday** 10.00am - 4.00pm | **Thursday** 10.00am - 4.00pm

**Friday** 11.00am - 4.00pm | **Saturday** 12.00pm - 4.00pm



Follow us on Facebook for updates and Sales!

